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Overview of Community Based Health Insurance Lessons

Presented at the Institutionalizing Community Health Conference

Hailu Zelelew, MA Abt Associates

March 28, 2017 Johannesburg, South Africa



Presentation Outline

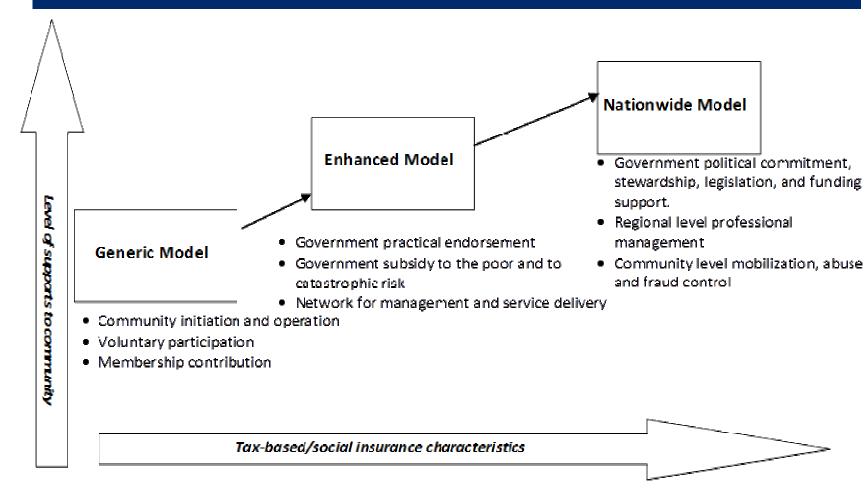
- ▶ CBHI: Background and definition
- ▶ Three-step CBHI evolution process
- Country experiences and lessons (Rwanda, Ghana and Senegal)
- Summary: Strengths and weaknesses of CBHI schemes
- Overall lessons



CBHI: Background and definition

- >> CBHI emerged as a response to market and government shortfalls
- >> CBHI schemes are diverse in nature, size, capacity and focus
- Important features: community-based membership, participation in decision-making and management, and membership contributions
- Broadly, CBHI aims to provide members with the financial risk protection from healthcare costs
- Definition: any scheme managed and operated by an organization, other than a government or private for profit company, that provides risk pooling to cover all or part of the costs of health care services.

Three-step CBHI evolution process



Adapted from Hong Wang and Nancy Pielemeier (2012)



Evolution of CBHI

- Earlier small scale insurance initiatives in Germany, Japan, the UK and elsewhere had CBHI characteristics
- CBHI initiated in West and Central Africa
 - Senegal, Benin, Burkina Faso, Cameroon, DRC, Mali and Togo, and later spread to Eastern Africa.
 - About 900 CBHI schemes in Sub-Saharan Africa in 2009
- The evolution of health insurance in Europe and elsewhere may not be feasible in African settings



Country experience: Rwanda

Background (Pre-CBHI):

- > 1960s: Free health services
- 1970: User fees introduced
- → 1994 (Following the genocide: Free health care and then user fees reintroduced after 2 years)
 - Rising poverty (60% poverty rate)
 - Poor health outcome indicators
 - ❖ A sharp drop in demand for health care (From a visit of 1 out of 3 in 1997 to 1 out of 4 in 1999)
- **1999-2000:**
 - Piloted CBHI in 3 of 40 health districts
 - ▶ 54 schemes in the catchment of 54 health centers (and 3 referral hospitals)
 - Quasi-experimental design to assess coverage, equity, health service utilization, community participation



Rwanda (cont.)

CBHI Scale-up

- Based on the pilot: CBHI introduced by some local governments
- ❖ A development policy document produced in 2004 (basic tool for implementation of CBHI).
- 2005: CBHI officially launched
- Rwanda passed the mutual health insurance law in 2007 (provides legal framework and for standardization and regulation)

Year	Coverage (in %)
2003	7%
2004	27%
	44%
2006	73%
2007	75
2008	85%
2009	86%

Source: MOH (2010): Rwanda Community Based Health Insurance Policy



Country experiences: Ghana

▶ Pre-2003:

- Free health care after independence
- 1980s introduction of user fees ("cash and carry")
- User fees became catastrophic and very unpopular
- Facility-based and NGOs/donor-financed CBHI schemes
 - ▶ 2002: 140 schemes
 - ▶ Covered only 1-2% of the total population
 - Government participated in some CBHI experimentation
- Nkoranza Scheme at St. Theresa's Hospital was the first, in 2000: 30% of district population covered
- The opposition party, New Patriotic Party (NPP) campaigned on abolition of user fee and won the election in 2000
- **2000-2003:**
 - ▶ The new government started working on its promise
 - ▶ Technical, policy and legislative processes undertaken

Ghana (cont.)

Post-2003

- NHIS bill outlining broad framework, authorizing payroll deductions and VAT to fund insurance
- *Big-bang" approach (merging the formal and informal sectors)
- >> CBHI models and experiences used for operationalization of national insurance

Progress to-date:

- One-third of Ghanaians covered in NHIS.
- > CBHI schemes established in 110 districts, with their own boards, but boards disbanded in 2008
- Revenue:
 - Premium from members + contribution from pension funds
 - VAT (2.5% from sales of most goods and services, 75% of total revenue)
 - Informal sector only 5% of total revenue

Challenges:

- > Initiative was driven by politics, limited room for learning or expert opinion
- Coverage is still very low
- Financial sustainability has become a challenge



Country experience: Senegal

- >> CBHI schemes started in 1980
- Schemes were small and fragmented
- In 2014, covered only 4%
- Health insurance became major political issue in the 2012 election
- President Macky Sall committed to scale-up CBHI in three phases

Demonstration Phase (2012-14):

- To determine benefit packages, provider payment system and local and national subsidies)
- Covered 14 Administrative Departments, one department per region



Senegal (cont.)

Expansion Phase (2015-2017)

- Geographic coverage: 1 scheme per county; 1 network by department
- Subsidy for the poor and vulnerable

Consolidation Phase (2018-2022)

▶ Focus on increasing coverage with a target of 90%

Progress

- >> Starting in 2012, CBHI piloted in 3 departments
- In 2014, expanded to 11 additional departments
- >> 2013 and 2014, networks of CBHI launched in 4 departments
- September 2013, Senegal launched Universal Health Coverage (UHC) and CBHI prioritized as vehicle towards UHC

Summary 1: Strengths of CBHI schemes

- Revenue collection:
 - Shift from point of service/out-of-pocket payment
 - Flexibility to set contributions and collection time
 - Revenue generation from informal sector
- Risk pooling:
 - Pooling resources from members, high outreach penetration
 - Transfer from the rich to the poor, healthy to sick
- Benefit packages and purchasing:
 - Collective decision about who is covered
 - Define packages and balance with revenue
 - Collective bargaining with providers (price, quality of care)
 - Developing negotiation and relation management through time
- Management:
 - Capacity and access to reach the community
 - Social influence on behavior of members and providers
 - External support for capacity building
 - Community participation in decision making process

Summary 2: Weaknesses

- Revenue collection:
 - If community is poor, limited resources
 - Not always accessible for the poorest
- Risk pooling:
 - Usually similar small groups joining schemes
 - Limited transfer, from rich to poor or from healthy to sick
 - Financial difficulties, partly due to absence of re-insurance
- Purchasing
 - Limited or restricted benefit packages
 - Providers may have monopoly and bargaining power
- Management:
 - High administration and operation cost
 - Poor or limited management capacity
 - Potential mismanagement of funds
- Earlier CBHI schemes were community initiated:
 - Limited support from government, NGOs, providers and donors
 - In many cases absence of legal and regulatory frameworks



Lessons from country experiences

- ▶ CBHI is a potential pathway to UHC
- >> CBHI requires strong government support
- Schemes need to be designed as part of the broader health financing system
- Country context matters
- >> CBHI coverage is a process:
 - requires time, resources
- >> Technical capacity and resources are critical







Thank you

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